

ONGONG ACTIVITIES IN ST. ANDREW'S

ACTIVITY	DAY	ROOM	TARGET GROUP	CONTACT PERSON	HOW DO I JOIN	COST
"Fáilte Isteach" English Classes	Tuesday 3pm – 4.30pm	Hall	Adults wishing to learn English	Jane McNicholas 086 – 067 6708	Ring Jane	Free
Men's Gardening and Social Group	Wednesday 11am – 1pm	Garden & Dining Room	Men living in Rialto	Tony May 086 – 819 5720	Ring Tony May	Free
Intensity Stage School	Saturday 11.30am- 2.30pm Wednesday 6.30pm – 8.30pm	Hall &Training Room	Aged 3 yrs to 19 yrs	Melissa 085 – 101 1901 or Keith 087 - 276 1927 pvgrialto@gmail.com	Ring Melissa or Keith	€56 - €78 per month Family rates available
Mulhall Academy of Irish Dancing	ON MATERNITY LEAVE	Hall	Children (beginners and advanced)	Catherine Mulhall 087 – 993 2791	Ring Catherine	Ring Catherine
Zumba with Ciara	Mondays 6pm – 7pm	Hall	Adults	Ciara Tobin 087 – 677 2850	Ring/text Ciara	€7 per class
Full Circle Playback Theatre Company	Second and 4th Monday 7.30pm – 9.30pm	Hall	Adults interested in an active improvised theatre company	Lou Email: fullcircleplaybacktheatre @gmail.com	Email Lou	€10
Twin Hearts Meditation	3rd Monday 7pm – 9pm	Hall & Training Room	Adults	discoverpranichealing@g mail.com 087 – 238 6849	Ring or email	Donation
Pilates	Thursday 8pm – 9pm	Hall	Adults	Sarah (087) 697 2534 Email: infor@sfinnx.com	Email/Ring Sarah	Email/Ring Sarah
Bio-Energy Meditation	Tuesdays 8pm – 10pm	RCDT	Adults	Ann O'Kelly 087 – 758 0173	Drop in	€6 per session
The Happy Self Yoga	Thurs 6.30pm – 7.30pm and Friday 10 – 11am	Dining Room	Adults (Thurs) Older Adults (Fri)	Mary Reynolds 083-895 9100	Text Mary	Ring Mary
Urban Warrior Yoga	Tuesday 10 – 11am/11-12pm 6.30pm – 7.30pm	Dining Room	Adults	Tina McVeigh urbanyogawarrior@gmail .com	Email Tina	Email Tina
Traditional Shivam Yoga	Saturdays 10.30am – 11.30am	Dining Room	Adults	Betom (085) 265 0377 shivamyogadublin@gmail .com	Drop in	Ring/email Betom
Rialto Bellydancing	Tuesday 7pm – 8.15pm	Training Room	Adult women	Vawn Corrigan confidencebellydance@ gmail.com	Email Vawn	€60 for 6 weeks Drop-in=€12
Resistance Choir	Wednesday 7.30pm – 9.30pm	RDCC	Adults who wish to sing their politics!	Roisin / Tina 086 – 043 9729	Ring / Text	€2 donation

5 Rhythms Dancing	Friday 7.30pm – 9.30pm	Hall	Adults	Irene Ward 089 – 613 2695	Ring Irene	Ring Irene
Sundrive AA Group	Mon & Thursday 7pm – 8pm	Dining Room	Alcohol Anonymous meetings	Derek/David	Drop in	Free
Impact Grace Prayer Group	Tuesday 7pm – 8pm	Recreation Room	Adults	Marie 085 – 133 0481	Ring Marie	Free
Islamic Cultural & Welfare Association Prayers	Friday 1.30pm – 2.30pm	Hall	Open to all	Iman Ismail 087 – 989 2203	Drop in	Free
Fruitful Life Ministries Church	Sunday 9.30am – 11.30am	Hall	Open to all	Pastor Sam Kayode	Drop in	Free
Success Ministries International Church	Sunday 11.30am – 1.30pm	Dining Room	Prayer Service & Singing Open to all	Pastor Samuel 089 – 489 1638	Drop in	Free
Yahweh International Missions Church	Sunday 10am - 11.30am	RCDT	Open to all	Pastor Samuel Kenneth	Drop in	Free
House On The Rock Church	Sunday 12pm – 4pm	Hall	Open to all	Pastor Cal	Drop in	Free
Irish Conversation Circles	6.45pm – 7.45pm (conversation circle)	Rialto Community Drug Team	All	Text/call Tony (086) 028 4268 or Paul (086) 809 5308	Text or call Tony	Free
NA Group	Mondays 8pm – 9pm	Rialto Community Drug Team	Recovery	Narcotic Anonymous Meetings	Walk In	Free
NA Freedom Group	Saturday 7pm-8pm	Dining Room	Recovery	Narcotic Anonymous Meetings	Walk In	Free
Act it Out! Speech and Drama	Wednesdays 4pm – 5pm	Training Room	Speech and drama classes 7 – 10 years	Rebecca Ryan 087 – 948 1617	Ring Rebecca	Ring Rebecca